

ARE YOU...

Iowa County Resources

...struggling and looking for professional support?

Unified Community Services
(608) 935-2776

Uplands Counseling Associates
(608) 935-2838

Platteville Family Resource Center
(608) 348-4060

Oregon Mental Health Services
(608) 835-5050

CWM Counseling
(608) 348-5088

Community Connections Free Clinic
(608) 930-2232

WKM Psychology Clinics
(608) 342-4853

...struggling and need quick access to peer support or community resources?

24/7 Farmer Wellness Helpline
1-888-901-2558

Solstice Warmline- Peer Support
(608) 244-5077

Aging & Disability Resource Center
(608) 930-9835

NAMI Southwestern Wisconsin
(608) 391-0794

Suicide Prevention Coalition of Iowa County
suicide-iowacountywi.org

Family Advocates
1-800-924-2624

...in immediate danger of harming yourself or others?

Call 911 or go to the nearest hospital:

OR Call 988 for Mental Health Related crises, including suicide.

Upland Hills Health - Dodgeville
800 Compassion Way
Southwest Health - Platteville
1400 Eastside Rd.
Memorial Hospital - Darlington
800 Clay St.
Richland Hospital - Richland Center
333 E. 2nd St.

Iowa County Crisis Line
1-800-362-5717

Suicide Prevention Hotline
1-800-273-8255

Find local resources:
southwestern.wi.networkofcare.org

Take a photo of what you need!

